



Juegos Centroamericanos y del Caribe Mayagüez 2010

Sailing Competition



**21-30 July 2010
Balneario de Boquerón
Boquerón, Puerto Rico**

Organizing Authority



**Federación de Vela de Puerto Rico (FVPR)
in conjunction with
Confederación Centroamericana y del Caribe de Vela (COCECAVE)**

NOTICE OF RACE

1. RULES

- 1.1 The XXI Caribbean and Central American Games will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS). To the extent permitted by Part 7 of the RRS, specific provisions of the rules may be modified, altered or made inoperative by the Notice of Race (NOR) or the Sailing Instructions (SI).
- 1.2 The sailing events shall be organized and held under the direction of the FVPR, with the endorsement of the International Sailing Federation (ISAF) and COCECAVE.
- 1.3 Issues of general order, not covered in this notice or the rules, will be ruled upon by the Organizing Committee of Mayagüez 2010 according to the CACSO's regulations.
- 1.4 Class rules shall be in full force and effect, except as modified, altered or made inoperative by the NOR or the SI, to the extent permitted by such class rules.
- 1.5 Changes to the Racing Rules and/or Class Rules will appear in full in the Sailing Instructions. The Sailing Instructions may also change other Racing Rules.
- 1.6 Change the first statement of the International J-24 Class Association rule 3.7.3 to read as follow:
 - 1.6.1 The all-up weight for racing, excluding the crew, shall be not less than 1329.48 kg.
- 1.7 The International J-24 Class Association rule 3.8.8 and rule 3.8.9 will not apply.
- 1.8 The XXI Caribbean and Central American Games Sailing Competition Measurement Regulations will apply.
- 1.9 No national prescriptions will apply.
- 1.10 If there is a conflict in the rules between languages, the English text will take precedence. If there is a conflict in CACSO's Statutes or Regulations between languages, the Spanish text will take precedence.

2. OFFICIAL NOTIFICATIONS

- 2.1 All official notifications other than those required or permitted by the rules shall be made to:

XXI JUEGOS DEPORTIVOS CENTROAMERICANOS Y DEL CARIBE 2010

P.O. Box 3248

Mayagüez, Puerto Rico 00681-3248

TELÉFONO: (787) 832-2010 FAX: (787) 805-2011

e-mail: divisiontecnica@mayaguez2010.com

URL: www.mayaguez2010.com

3. VENUE

- 3.1 The venue of this event is the Balneario de Boquerón, at Boquerón, Puerto Rico, and adjacent waters.

4. ELIGIBILITY AND ENTRY

- 4.1 This competition is open to the following classes:

- 4.1.1 Sunfish(men and women)
- 4.1.2 Laser Standard(men)
- 4.1.3 Laser Radial(women)
- 4.1.4 Snipe(men and women)
- 4.1.5 Men's Windsurfing-RS:X
- 4.1.6 Women's Windsurfing-RS:X
- 4.1.7 Hobie Cat 16(men and women)
- 4.1.8 J-24(men and women)

- 4.2 No class will be held unless there are a minimum of five (5) entries, from a minimum of five (5) different Olympic Committees (NOC's). If after the Technical Meeting one or more competitors withdraw for reasons beyond their control (after CACSO's verification), the event may be held with a minimum of four (4) entries from an equal number of NOCs.

- 4.3 The National Olympic Committee (NOC) of each entry shall also be a member in good standing of the CENTRAL AMERICAN AND CARIBBEAN SPORTS ORGANIZATION (CACSO).

- 4.4 ISAF eligibility according to ISAF Regulation 19 is required for all athletes (See RRS 75.1).

4.4.1 **Note.** (Pursuant to ISAF Regulation 19.2.1)

- 4.4.1.1 To be eligible to compete in a sailing event of Regional Games, a competitor shall:

- (a) be governed by the regulations and rules of ISAF;
- (b) be a member of his/her Member National Authority or one of its affiliated organizations. Such membership shall be established by the competitor:
 - (i) being entered by a national authority of the country of which the competitor is a national or ordinarily a resident; or
 - (ii) presenting a valid membership card or certificate, or other satisfactory evidence of identity and membership.
- (c) Be registered as an 'ISAF Sailor' on the ISAF Website for those events listed under 19.3(a), (b) and (c), Olympic Qualification Events and ISAF Graded Match Racing Events.

- 4.5 Reserved

4.6 Class entries.

- 4.6.1 A maximum of two entries per NOC shall be allowed in each of the classes specified in 4.1.

4.7 Registration

- 4.7.1 The Organizing Committee of the XXI Games, Mayaguez (OC-XXI) shall receive all individual and team forms for Numerical Registration from the respective NOC to the OC-XXI no later than 2400 hrs.(AST) 17 April 2010. In the event this notification is sent by electronic means, it shall be confirmed in writing by the NOC to OC-XXI no later than 2400 hrs (AST) on 24 April 2010. Names need not be included in such forms but they shall contain the number of entries for each class. All competitors, managers, coaches and assistants, chaperones, boat repair assistants, and alternates permitted below shall be disclosed in the Numerical Registration within the indicated deadlines.
- 4.7.2 The individual Registrations shall be received by the OC-XXI Office from the respective NOC no later than 2400 hrs. (AST) on 17 June 2010. In the event such forms are accomplished by electronic means, it shall be confirmed in writing by the NOC at the OC-XXI Registration desk on arrival. The individual entries shall include a certification of membership in the class association for which they are entered if such membership is required by the class rules. The following shall be the maximum number of individual competitors per country per class:

Sunfish:	1 per boat entered
Laser Standard:	1 per boat entered
Laser Radial:	1 per boat entered
Snipe:	2 per boat entered
Men's Windsurfing:	1 per boat entered
Women's Windsurfing:	1 per boat entered
Hobie 16:	2 per boat entered
J-24:	5 per boat entered

- 4.7.3 In addition, each country shall be allowed to enter one alternate competitor for every six competitors entered (with a maximum of two alternates), as well as one boat repair assistant per country. Only registered alternates may substitute for competitors during the sailing events, and this may be done only as provided in the SI. Each country shall also be allowed to enter one team manager and two coaches. All managers, coaches and assistants, chaperones, boat repair assistants, and alternates permitted here shall submit their Individual Registrations within the above indicated deadlines.

5. TEAM RACING PROHIBITED

- 5.1 Team racing of any kind or in any form is strictly prohibited. Violation of this proscription may subject the violators and/or his/her NOC to protest by other competitors, by the RC or by the International Jury. After a hearing pursuant to Part 5 of the RRS, infringement may be sanctioned by any penalty deemed appropriate by the International Jury, including disqualification of the violators from one or more races, from the entire regatta and/or of the violators' country's entire team from the entire regatta.

6. IDENTIFICATION OF SAILS

- 6.1 All classes, except the windsurfing classes, shall comply with RRS 77 regarding class insignia, national letters and numbers on the sails. At the discretion of the RC, some of the racing classes may be required to have further identification on the hulls, such identification shall be provided by the RC.
- 6.2 The windsurfing classes shall comply with Appendix B of the RRS regarding identification on sails (RRS B2.4).

7. ADVERTISING

- 7.1 Competitor and Organizing Authority Advertising will not be permitted. This changes RRS 20.2 through 20.8, both inclusive.

8. SCHEDULE OF EVENTS

8.1 On Site Registration.

- 8.1.1 All team managers, coaches, assistants, competitors, alternates and boat repair assistants, duly entered pursuant to **4.9**, shall validate their registration at the sailing venue at the Balneario de Boquerón, Boqueron, Puerto Rico, commencing at 0900 (AST), 21 July 2010 at the registration office therein. The registration validation will end at 1700 (AST), 22 July 2010. Upon registration each team manager, coach assistant, competitor, and alternate shall receive a copy of the SI and shall be required to sign appropriate certifications and disclaimers of liability.
- 8.1.2 Each competitor shall present at registration a measurement certificate and measurement form of the boat they are sailing in the regatta.

8.2 Certification by individuals.

- 8.2.1 Upon registration each competitor, manager, coach and assistant, chaperon, boat repair assistant, and alternate shall sign a certification indicating that he/she will abide and be bound by the RRS, the NOR, the SI and the rules and regulations that apply to the XXI Games as well as a release that will read as follows:

"LIABILITY AGREEMENT

In consideration for my being allowed to participate as a competitor, manager, coach and assistant, chaperon, boat repair assistant, and alternate, as the case may be, in these XXI Central American and Caribbean Games:

- (1) I agree to be bound by the rules as defined in International Sailing Federation's Racing Rules of Sailing (RRS), in effect 2009-2012, including RRS 4 which states:
The responsibility for a boat's decision to participate in a race and to continue racing is hers alone.
- (2) I certify that my vessel and crew are seaworthy and shall be so maintained throughout this regatta,
- (3) I agree to accept all responsibility for the seaworthiness and nautical qualities of the vessels, the rigging, the equipment and appurtenances, and ground tackle, and crew that I will use in these Games and related activities and practices,
- (4) I hereby accept full responsibility for my actions therein which may cause damage to myself, third parties or their property, ashore or at sea, and will hold harmless, defend and indemnify from any damages or liability by reason of my actions or failure to act, the OC-XXI, COSECAVE, CACSO, the Federación de Vela de Puerto Rico, and all persons, agents, officers, employees involved in any capacity in the organization and execution of these sailing events, including but not limited to the Race Committee and its members, and the International Jury and its members."

8.3 Insurance

- 8.3.1 No later than at the time of registration, each entry shall submit evidence of valid third-party liability insurance covering its participation in the sailing events of the XXI Games, such policy shall have a minimum coverage of US\$1,000,000.00. A photocopy of said policy shall be submitted no later than at the time of registration. No boat will be allowed to leave the beach at the venue without compliance with this requirement.
- 8.4 Number of races: At the discretion of the RC, more than one race (up to a maximum of three races) may be held on any racing day, provided that no race shall be commenced later than 1630 on any day. The RC may, at its discretion, conduct races on any day designated as a reserve day. The scheduled start for the first race on each day of the competition will be 1030 hrs (AST).

8.5 Schedule

21 - 22 July 2010	0900 - 1730	On-site Registration
Wednesday, 21 July 2010	0900 - 1700	Boats delivery, measurement and entry
Thursday, 22 July 2010	0900 - 1700	Boats delivery, measurement and entry
Friday, 23 July 2010	1030	Practice race
Saturday, 24 July 2010	1030	First official racing day
Sunday, 25 July 2010	1030	Second official racing day
Monday, 26 July 2010	1030	Third official racing day
Tuesday, 27 July 2010	1030	Fourth official racing day
Wednesday, 28 July 2010		Lay Day (Reserve day)
Thursday, 29 July 2010	1030	Fifth official racing day
		Return of boats and equipment
Friday, 30 July 2010	1000	Return of boats and equipment; Awards and Closing Ceremony for sailing events

8.6 The scheduled time of the warning signal for the first race on every racing day is 1030 hours.

8.7 From the 23rd to the 29th of July, a team manager's meeting will be held at 0800 hours in the Briefing Room at the Sailing Facilities on every racing day.

9. SCORING

9.1 A minimum of four (4) completed races are required (see RRS 90.3 & Appendix A2) to constitute a valid regatta series.

9.2 Throw outs (This modifies RRS Ap. A2.)

9.2.1 When 4 races have been completed, a boat's series score will be the total of her race scores.

9.2.2 In the event that 5 races are completed, a boat's series score will be the total of her race scores excluding her worst score.

9.2.3 In the event that more than 10 races have been completed, a boat's series score will be the total of her race scores, excluding her two worst scores.

10. AWARDS

10.1 All crew members in every class shall be awarded the following:

10.1.1 First place: a XXI's Games gold medal and certificate

10.1.2 Second place: a XXI Games silver medal and certificate

10.1.3 Third place: a XXI Games bronze medal and certificate

11. SAILING INSTRUCTIONS

11.1 The sailing instructions will be available at Registration Desk commencing at 0900 (AST) on 21st. July 2010.

12. MEASUREMENTS

12.1 All boats, equipment and sails shall be available for measurement at the sailing venue commencing at 0900 (AST) on 21st. July 2010, and thereafter until Awards are given.

Measurement of boats sails and equipment shall take place at the discretion of the RC or as required by the International Jury.

12.2 All boats will be measured for compliance with the XXI Caribbean and Central American Games Sailing Competition Measurement Regulations and class rules. In case of conflict between the class rules and the measurement regulations, the latter will take precedence.

12.3 The Measurement Committee (CCAMC), appointed by the Organizing Authority, with the approval of the Technical Representative of the International Sailing Federation (ISAF), will have the responsibility for interpreting the class rules on measurement matters.

12.4 The CCAMC shall have the right to change these Measurement Regulations. Such changes will be posted on the official notice board and shall give competitors reasonable time within which to make necessary changes.

12.5 The date and time for measurement will be established by a draw conducted before the competition. The designated time of measurement may be subject to change by the measurement coordinator.

12.6 After measurement, no boat or equipment may leave the venue or the racing areas and their adjacent waters without written permission of the organizing authority.

12.7 Any boat may be re-measured or inspected at any time prior to the giving of the awards.

13. VENUE

13.1 Attachment A shows the location of the racing areas.

14. THE COURSES

14.1 The courses pictured in Attachment A will be sailed at the discretion of the RC. Appendix A shows the approximate configuration of the courses including the angles between the legs, the order in which the marks are to be rounded, and the side on which each mark is to be left. Although the RC will attempt to set courses that comply with these illustrations, failure to duplicate them precisely shall not be grounds for protest or redress.

15. PENALTY SYSTEM

15.1 For the Hobie Cat class rules 44.1 and 44.2 are changed so that only one turn, including one tack and one gybe, is required.

16. REGATTA OFFICIALS AND JURY

16.1 JURY. An International Jury (IJ) shall be appointed pursuant to Appendix N of the RRS and in accordance with ISAF Regulation 18 for Regional Games Category I. Decisions of the IJ within its jurisdiction and competence shall be final and not subject to appeal.

16.2 REGATTA OFFICIALS. The Organizing Authority will select the Regatta Officials with the approval of the Technical Delegate of the ISAF in accordance with ISAF Regulations.

17. OFFICIAL SPORT MATERIAL

17.1 In the Olympic wind surf Neil Pryde RS:X classes will be provided. Each competitor shall bring their own equipment.

17.2 A limited number of boats are available for charter in the Sunfish, Laser Standard, Laser Radial, Hobie Cat 16, Snipe and J-24 classes. The NOC shall arrange with the Organizing

Authority in order to obtain rented boats under the responsibility of each interested NOC on a first come first served basis and for a maximum charter period of 10 days ending July 29, 2010. All chartered boats shall be minus sails, tiller and tiller extension, which shall be provided by the competitors and which shall be subject to measurement pursuant to **12** hereinafter.

17.3 Charter boats fee plus a refundable damage deposit:

- 17.3.1 Hobie Cats \$1,600.00 plus a 7.0% government tax
 - 17.3.1.1 Refundable damage deposit \$530.00
 - 17.3.1.2 Participants are also encourage to bring sheets.
- 17.3.2 Snipes \$1,500.00 plus a 7.0% government tax
 - 17.3.2.1 Refundable damage deposit \$500.00
 - 17.3.2.2 Participants are also encourage to bring sheets, centerboard and rudder.
- 17.3.3 Laser \$1,200.00 plus a 7.0% government tax
 - 17.3.3.1 Refundable damage deposit \$400.00
 - 17.3.3.2 Participants are also encourage to bring sheets, centerboard and rudder.
- 17.3.4 Sunfish \$1,200.00 plus a 7.0% government tax
 - 17.3.4.1 Refundable damage deposit \$400.00
 - 17.3.4.2 Participants are also encourage to bring sheets, centerboard and rudder.
- 17.3.5 J-24 \$1,800.00 plus a 7.0% government tax
 - 17.3.5.1 Refundable damage deposit \$600.00

17.4 Competitors shall bring personal flotation devices for chartered boats.

17.5 Competitors shall report any damage or loss of equipment, however slight, to the organizing authority's representative immediately after securing the boat ashore. The penalty for breaking this instruction, unless the International Jury is satisfied that the competitor made a determined effort to comply under the circumstances will be disqualification from the race most recently sailed.

17.6 Failure, breakage or loss of chartered equipment shall not be grounds for requesting redress (This changes RRS 62.1).

18. UNIFORMS

18.1 All team members, including competitors, alternates, managers, assistants, boat repair assistants, and chaperones, are encouraged to attend the opening and award ceremonies at the sailing venue. Their official team uniforms shall be mandatory for those participating.

19. TECHNICAL DELEGATES MEETING

19.1 There shall be a meeting of technical delegates at a designated place at the venue at 1700 on 21 July 2010. Up to two duly accredited delegates per country shall be allowed to attend. The meeting shall be presided by the Technical Delegate of ISAF.

20. SPECIAL RESTRICTIONS

20.1 Support Boats

20.1.1 Only support boats previously authorized in writing by the RC shall be permitted on the venue or the race courses of the XXI Games from 21st. July 2010 to 29th. July 2010. A

maximum of 2 support boats per country, including coach boats, shall be authorized. The support boats will be authorized at the discretion of the RC, which authorization shall be denied for any boat whose l.o.a. exceeds 7.5 m. or presents undue wind shadow. Requests for authorization of support boats shall be filed in writing with the RC no later than 1200 on the 21 July 2010 and the request shall indicate the length, beam, make and model of the support boat, horse power of the engine (only one engine not exceeding 60 horse power shall be permitted), the registration number, the name and address of the owner, and the name and address of the operator(s). The request shall be accompanied by a copy of a valid third party liability insurance policy with a minimum face value of US\$1,000,000.00 covering the operation of the boat during the sailing events of the XXI Games. Authorized support boats will be allowed in areas designated by the RC on the venue and in the waters adjacent thereto, but in no event within 100 m. of the race courses. This rule shall be strictly monitored and violations may subject the violating country to penalties at the discretion of the IJ. All duly authorized support vessels shall at all times display a 40 cm. by 50 cm. white flag from a staff no less than 4 feet in height, which flag shall have the ISAF national letters in black. The RC and/or the IJ reserve the right to withdraw any authorization for good cause and after a hearing before the IJ. Support boats shall not interfere with or hamper the activities of any official boat. A team associated with a support boat that breaks this rule, on the course where the breach occurred, may be protested for such breach, but not by competitors. This changes rule RRS 60.1.

20.1.2 Team leaders, coaches and other support personnel shall comply with the XXI Caribbean and Central American Games Sailing Competition Coach Boat Regulations, which will be available at registration.

20.2 Only accredited support personnel will have access to the venue and competition areas.

20.3 Restrictions applicable to the J-24 Class.

20.3.1 All J-24 boats must be in the water in their assigned slips no later than by 1030 on 22 July 2010 and must remain in the water until the end of the last day of racing, unless a haul out is authorized by the IJ within said period. While the J-24s are in the water the cleaning of bottoms by anything other than free diving without the aid of scuba gear is prohibited, as is the envelopment of the hulls by baths or any device, of any nature whatsoever.

20.4 Temporary constructions.

20.4.1 All construction on the premises of the venue, including temporary ones such as shelters, tents, racks, and flagpoles, is prohibited.

21. RIGHT TO USE AND LIKENESS

21.1 By participating in the XXI Caribbean and Central American Games a competitor automatically grants the Mayaguez 2010 Organizing Committee and its sponsors and its sponsors the right in perpetuity to make, use and show, from time to time at their discretion, any motion pictures and live, taped or filmed television and other reproductions of the competitor during the period of the XXI Caribbean and Central American Games, without compensation.

22. ELECTRONIC GEAR

- 22.1 Communication by electronic means with or by competitors while racing is strictly prohibited. No competitors shall have in his/her possession any means of electronic communication on the water on any day designated a race day.

23. BERTHING

- 23.1 Boats shall be kept in their assigned places in the boat park except the J24s, which shall be assigned berths in the water by the Race Committee (See; NOR 20.3.1).

24. SHORE FACILITIES

- 24.1 Reserved

25. DOPING CONTROL

- 25.1 Doping control will be conducted according to the World Anti-Doping Code, IOC Anti-Doping Policy and the ISAF Regulation 21 – Anti-doping code.

26. FACILITIES TO BE PROVIDED

- 26.1 Medical Services.

- 26.1.1 A first aid and emergency medical service will be available at the venue. There will be a designated hospital on standby as needed during the XXI Games close to the venue

- 26.2 Food.

- 26.2.1 Beverages and accommodations. Food, non-alcoholic beverages and accommodations will be provided to team members and designated officials on the venue site.

- 26.3 Non-Smoking Site.

- 26.3.1 The Boqueron Sailing venue is a designated non-smoking public facility.

27. DEPARTURE OF COMPETITORS

- 27.1 Borrowed or chartered boats or equipment. All boats and equipment provided to competitors pursuant to **4.4** or **4.5** must be returned in good condition to a designated representative of the OC-XXI no later than 1700 Thursday, 29 July 2010. Awards shall be withheld from any country whose competitors fail to comply with this provision.

- 27.2 Departure of competitors and removal of equipment. All competitors must depart from the sailing venue in Boquerón no later than 1200 Sunday, 31 July 2010. Before leaving the premises competitors must remove all boats and equipment belonging to them from the venue or must have made arrangements for their removal no later than 15 August 2010. In any event, any boats or equipment remaining on the premises after 31 July 2010 shall not be the responsibility of the OC-XXI, the FVPR, COCECAVE, or the Balneario de Boquerón. After 15 August 2010 any boat or equipment left in the venue shall be removed to public storage at the expense of the owner.

- 27.3 Transportation companies.

- 27.3.1 A list of transportation companies and brokers handling cargo to and from Puerto Rico is available upon request.

28. INFORMATION – COMMUNICATION

Name of contact: Luis Enrique Matos-Bayó, Competition Director

C/O Federación de Vela de Puerto Rico

Apartado 9020008

San Juan, Puerto Rico 00902-0008

Email: luis.e.matos@usa.net

Fax: 787-721-6805

Email: mayaguez2010@sailingpur.org

And/or

Héctor Figueroa-Technical Director

XXI Juegos Deportivos Centroamericanos y del Caribe, Mayagüez 2010

P.O. Box 3248

Mayagüez, Puerto Rico 00681-3248

Tel: (787) 832-2010 Fax: (787) 805-2011

Email: hfigueroa@mayaguez2010.com



ADDITIONAL INFORMATION

(Not part of the Notice of Race)

I. CONTAINERS AND EQUIPMENT

The following number of containers per team will be permitted into the competition venue: 1 for teams with participation in 1 to 5 events, excluding J-24; 2 containers for teams with participation in 6 - 8 events including J-24. Additional containers per team may be permitted into the designated **Additional Container Area**, which is outside, but close to, the venue, with numbers based on the same allocation as above. Teams intending to bring containers shall notify the organizing authority before 31st January 2010 by the Container Information forms as the attachment 3. Please note that for security and operational reasons any container must enter the venue between 20 and 25 June 2010 and will remain in place until 30 July 2010.

Venue security will check all containers in the competition venue on 26 and 28 June. Teams should send 1 or 2 delegates (with validated Olympic Identity and Accreditation Cards) to the venue to help at the security check, or teams may authorize any broker of their confidence or **Custom Brokers, Inc.** (Tel. (787) 707-1863, (787)-707-1869) or Professional Custom Brokers (Tel. (787) 749-3152) or R. E. Delgado, INC. (Tel. (787) 722-6750) or CaribEx Worldwide (Tel. (1-800-822-4185) or Compagnie Generale Maritime Sud. (Tel. (305) 869-2781) to help with this.

The containers in the venue or in the designated area close to the venue must not display any type of advertising, publicity or propaganda, commercial or otherwise.

All containers and equipment shall be removed from the venue by 1800 hours on 15 August 2010.

Any MNA wishing to rent a container for storage purposes shall express its intention to the organizing authority by 31 January 2010.

The official freight forwarder is **Luis A. Ayala Colón Sucrs., Inc.**, contact Manuel E. Guzmán-Cardona, Sales Vice-president, Tel. 787-792-9000; fax: 787-793-3575; email; salesmgr@ayacol.com, who will work closely with CCAGOC staff in order to complete the formalities and the delivery of every consignment designated for the Sailing venue.

CCAGOC suggests using the services of **Custom Brokers, Inc.**, contact Mr. Jaume Maduro (Tel. (787) 707-1863, (787)-707-1869) for the necessary formalities at the customs.

To avoid delays in delivery, **Custom Brokers, Inc.** needs to be informed at least three months before the date of delivery of the goods and their destination. A full description of all equipment to be sent will enable **Custom Brokers, Inc.** to cooperate with athletes and their representatives to ensure smooth importation of your goods.

II. ARRIVAL AND DEPARTURE

The XXI Caribbean and Central American Games Organizing Committee offers limited airport pickup and send-off service from the Luis Muñoz Marín International Airport.

